

# SEPTEMBER 2019

Williams Jr. / Sr. High School

This Institution is an Equal Opportunity Provider  
Menu Subject to Change Based Upon Availability

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Labor Day Holiday</p>	<p><b>3</b></p> <p>Mini Pancakes with Sausage</p> <p>Chicken Nuggets, Buttermilk Biscuit &amp; Three Bean Salad</p>	<p><b>4</b></p> <p>Bagel, Cream Cheese &amp; Hard Boiled Egg</p> <p>Ham &amp; Cheese Sandwich with Tortilla Chips &amp; Frozen Juice Cup</p>	<p><b>5</b></p> <p>Cinnamon Twirl with Turkey Bacon</p> <p>Chicken Fried Beef Steak Patty With Mashed Potatoes, Gravy &amp; Cookie</p>	<p><b>6</b></p> <p>Cereal &amp; Toast</p> <p>Papa Murphy's Pizza Wedge with a Dessert</p>
<p><b>9</b></p> <p>French Toast Sticks With Sausage</p> <p>Beef &amp; Cheese Raviolis with Garlic Bread or Bean &amp; Cheese Burrito, both with Flavored Grahams</p>	<p><b>10</b></p> <p>Chicken Tenders with Maple Biscuit</p> <p>Beef Hot Dog, Cheddar Goldfish Crackers and Chili Beans</p>	<p><b>11</b></p> <p>Yogurt, Granola &amp; Toast</p> <p>Deli Combo Sub Sandwich with Tortilla Chips</p>	<p><b>12</b></p> <p>Pop Tart Variety with Turkey Bacon</p> <p>Cheesy Chicken Pasta with Seasoned Corn &amp; Cookie</p>	<p><b>13</b></p> <p>Cereal &amp; Toast</p> <p>Papa Murphy's Pizza Wedge with a Dessert</p>
<p><b>16</b></p> <p>Waffles with Sausage</p> <p>Hot Pocket Sandwich with Curly Fries</p>	<p><b>17</b></p> <p>Choice of Breakfast Pizza Or Burrito</p> <p>Chicken Patty Sandwich with Hash Brown Wedge</p>	<p><b>18</b></p> <p>Bagel, Cream Cheese &amp; Hard Boiled Egg</p> <p>Tuna Sandwich with Nachos or Baked Cheetos</p>	<p><b>19</b></p> <p>Muffin Variety with String Cheese</p> <p>Street Tacos with Spanish Rice &amp; Beans</p>	<p><b>20</b></p> <p>Cereal &amp; Toast</p> <p>Papa Murphy's Pizza Wedge with a Dessert</p>
<p><b>23</b></p> <p>Cinnamon Glazed French Toast &amp; Sausage</p> <p>Corn Dog, Powdered Baseball And Baked Beans</p>	<p><b>24</b></p> <p>Egg &amp; Cheese Breakfast Wrap with Grahams</p> <p>Hamburger with Oven Fries</p>	<p><b>25</b></p> <p>Yogurt, Granola &amp; Toast</p> <p>Turkey &amp; Cheese Sandwich with Tortilla Chips &amp; Frozen Juice Cup</p>	<p><b>26</b></p> <p>Donut Variety with Oatmeal</p> <p>Pasta with Meat Sauce &amp; Garlic Bread</p>	<p><b>27</b></p> <p>Cereal &amp; Toast</p> <p>Crazy Pizza Day with a Dessert</p>
<p><b>30</b></p> <p>Mini Pancakes with Sausage</p> <p>Chicken Nuggets with Buttermilk Biscuit</p>				

Available Daily- Breakfast: Cereal or Cereal Bar with Yogurt, Yogurt Parfait (Tues/Thurs), Fresh Fruits & Fruit Juice  
Available Daily- Lunch: Monday-Thursday: Grilled Burger, Beef Hot Dog, Spicy Chicken Patty Sandwich.  
 Monday-Friday: PB&J Sandwich, Fresh Made Salads. All Lunches come with Fresh Fruit & Veggie Bar  
Breakfast & Lunch are both served with Non-Fat & Low-Fat Milk Choices

